



## Splash Newsletter, November 2023



November is usually considered a month of weather transition, start of waiting out the long winter, and anticipating holidays next month, but November holds its own place in time...

### November, not just start of winter!

**Meteors:** November meteor showers include: Andromedids, occurring from September 25 to December 6, generally peaking around November 9–14; the Leonids, occurring from November 15–20; the Alpha Monocerotids, occurring from November 15–25, peaking November 21–22.

**Daylight saving time (DST) falls back Nov. 5:** The practice of advancing clocks so darkness falls at a later clock time is what DST is all about. The typical implementation of DST is to set clocks forward by one hour in either the late winter or spring ("spring forward"), and to set clocks back by one hour in the fall ("fall back," or return to "normal") to return to standard time.

Supporters have argued for daylight work-day alignment and that DST decreases energy consumption by reducing the need for lighting and heating, but the actual effect on overall energy use is heavily disputed. That fuel conservation was the reason it was implemented during WWII, called "War Time," but was quickly rescinded at the end of the war.



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DST is of little use for locations near the Equator, because these regions see only small variations in daylight through the year.

BUT, "That one-hour change may not seem like much, but it can wreak havoc on people's mental and physical well-being in the short term," says Dr. Charles Czeisler, professor of sleep medicine at Harvard Medical School's Division of Sleep Medicine.

Research suggests that changing our clocks twice a year can have various health consequences. Of the two, springing ahead one hour tends to be more disruptive. That hour change can upset our circadian rhythms, the body's natural 24-hour cycles regulating key functions like appetite, mood, and sleep.

### OFFICIAL EVENTS

- **Friday, Nov. 17, 5:00 PM,** monthly association board meeting, Lodge. All are welcome.
- **Monday, Nov.20, 5:00 PM,** Monthly Public Water Supply District (PWSD) meeting, Lodge. All are welcome.
- **VOTE** on the 2/3rd change to the bylaws: the initiative is to change requirement from 2/3rds of entire membership to 2/3rds of actively voting membership.

The vote will be open until April 2024.

[Click here to vote](#)

<https://secure.electionbuddy.com/m/PVPOA/two1rds>

## A good day for golf!

The 9-hole Golf Scramble, presented by Peaceful Valley for any group up for a challenge, played on the perfect morning Oct. 7, 2023. Everyone teed off after 8 a.m. on the Owensville Country Club greens.

A 40-something degree morning turned into a sunny excellent day to be outside team playing for prizes: a cooler bag from Lost Valley Resort including golf balls, tees, umbrella, towels and celebration libation with koozies; another cooler bag from Mary Kay filled with men's and women's self-care items; and a CarQuest \$50 gift certificate.

21 players signed up, equating to 6 teams. One team even hailed from St. Louis, via Owensville family connections.

Tied for first were the Diestelkamp team and the Peaceful Valley team (Mark Martinez and Brian Kinworthy) at 5 under par. Tied for second were the Boschert team and Prairie Barn Winery and Christmas Tree Farm team (Brian, daughter Gretchen, son Fischer, Tharp) at 2 under par. The Third-place team, Sherri Durban and Friends, was 1 under and the 4th team was 1 over par.

Brian Tharp, organizer of the event, said he hopes it's bigger and better next year. He plans to grow it into a yearly event with a full 18-hole tourney. He also thanks all the sponsors that joined him: Lowe's Landscaping; Lane Building Products; Maries County and Legends banks; Realtors Karen Hoemeke, Diane Thomas and Dede Westermann; Short Run Boxes; Mary Kay; Lost Valley Resort; CarQuest; and Edward Jones.



**Brian Tharp helping member, Marilyn Montgomery's grandson, Jack Boschert of St. Louis, get registered to play .**

## Update from the Water Works

**From Mike Garlock, President PWSD #1 Board --** Plans for the new Wastewater Treatment Facility (WWTF), to be located behind the Lake Shore end of the dam, have been OKed by the US Dept of Agriculture (USDA). PWSD expects to bid the contract in December and start construction, projected to be completed by late 2024.

## Organized fun

**Join the Wednesday dinner club 5:30 Wednesdays:** The location changes each week. Randy Fuller posts on *Nextdoor* by Wednesday evening where to be the following week. People decide where to meet drawing out of a "hat." All invited!

**PVL Book Club, 4<sup>th</sup> Tuesdays (usually):** The next gathering is tentatively Monday, Nov. 27. Meet at 4:30. Discuss by 5:00 pm. at the Lodge. The book will be announced following the Oct. 30<sup>th</sup> meeting. If you wish, bring snacks and beverages. Anyone is welcome, whether you have read the book or not! Email [lolle\\_boettcher@yahoo.com](mailto:lolle_boettcher@yahoo.com) for questions.

**Hunting:** November Deer Portion is 11 to 21. A new CWD Portion is Nov. 22 to 26. Deer Archery Portion started Sept. 15, breaks Nov. 10-22, and goes until Jan. 15, 2024. Late youth (age 6 to 15) is Nov 24 to 26. Go to [MDC.MO.gov](http://MDC.MO.gov).

## Jingle Mingle

**Nov. 17, 6 pm**

Peaceful Valley Lake Community joins together to celebrate the holidays!

Snacks and refreshments at the Lodge provided. BYOB spirits.

Bring snacks or appetizers (finger food) or desserts to add to the cuisine!



**Wear your party hat!**